

**Dr. PUNEET KATHURIA**  
**MBBS, MD**

Consultant Neuropsychiatrist  
KK Hospital, Ludhiana  
Prem Neuropsychiatry Centre, Malerkotla

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**MOTTO OF LIFE**

- A. Freedom is the ultimate virtue
- B. Live your life in all its quarters
- C. The Secret of Success in this world is to do what needs to be done, when it needs to be done whether you like it or not

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**PROFESSIONAL EXPERIENCE**

- Worked in a charitable hospital from November 2006 to October 2007
- Started full-Time Private Practice from November 2007
- Established my own Clinic at Ludhiana- KK Hospital and at Malerkotla- Prem Neuropsychiatry Centre both licensed by Punjab Government as Psychiatry Hospitals and Centre for Substance Use Treatment.

**INTERNSHIP EXPERIENCE**

Internship at the LNJP Hospital and GB Pant Hospital from 1st Jan 2001 to 31st Dec 2001

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**ACADEMIC QUALIFICATIONS**

1993–1994	10 <sup>th</sup> std., S.P.S.E.C Kanpur, India
1995–1996	12 <sup>th</sup> std., S.P.S.E.C Kanpur, India
1996–2001	MBBS (Medical Graduation)
2003-2006	MD in Psychiatry at Lady Hardinge Medical College and Hospital, New Delhi
2010-2011	Six weeks Training in “Comprehensive disaster risk management framework” conducted by The World Bank Institute in partners National Institute of Disaster Management(NIDM), New Delhi
2011-2012	Post Graduate Health Diploma –Applied Focus On Tobacco Control –By Public Health Foundation of India (PHFI)

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**AWARDS & ACCOLADES**

**1990-1991:-**

- State Bank of India(SBI) G.K. Exam (3<sup>rd</sup> Position)

#### 1992-1993:-

- Certificate of merit from SPSEC
- Various certificates from NIIT & other institutes

#### 1993-1994:-

- Secured the prestigious NTSE scholarship from the Government of India

#### 1994-1995:-

- United Council For Education Research And Scientific Advancement In Learning
- 10Th National Level Science Talent Search Examination (Secured 35th All India Rank)
- Charter Member Of Interact Club Of SPSEC

#### 1995-1996:-

- Various Certificates In Debate Competitions
- Top 1 % Students In National Standard Examination In Physics

#### 1998-1999:-

- General Secretary Of Azad Medicos Association At Maulana Azad Medical College, New Delhi

#### 2014-2015:-

- Received The Dr. K.B. Sharma Rolling Trophy For The Best Contribution To The Corporate Life Of The College(M.A.M.C, New Delhi)
- Received The “ Rashtriya Ekta Samman” ( Honors Of National Integration) By The All India National Unity Conference
- Awarded “ Bharat Jyoti Award” At A Seminar On Economic Growth And National Integration For My Work With The Minority Community At Malerkotla, Punjab

#### 2015-2016:-

- Awarded Pune Psychiatrists Association Award for The IPS Multicentric Study: Functional Somatic Symptoms In Depression under the guidance of Dr. Sandeep Grover

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### **ACTIVITIES & OTHER EXPERIENCE**

- Took Membership Of Indian Psychiatric Society In 2008
- Took Membership Of Indian Association Of Private Psychiatry In 2008
- Served As Secretary Of Indian Psychiatry Society ( IPS) Punjab And Chandigarh State –In 2009
- Served As Secretary For Of IAPP Punjab And Chandigarh State 2009-2011
- Participated In The Multi Centre Research On Addiction Conducted By AIIMS, New Delhi In 2011
- Served as advisor to various companies – Pfizer Neurosciences, Sanofi Aventis, Janssen and Janssen and Torrent Pharma since 2014
- Served Two Consecutive Terms As President Of IAPP Punjab And Chandigarh State Branch From 2011-2015
- Membership Of South Asian Society For Sexual Medicine 2015
- Served As The Chairperson Of The Website Committee Of The National IAPP From 2015-2016

- Long Distance Runner—Participated And Completed Airtel Delhi Half Marathon In 2015 And 2016
- Currently Serving As The Chairperson Of The Adolescent And Child Psychiatry Committee Of The National IAPP
- Editor Of A Monthly Mental Health Awareness Vernacular—Dastak
- President Of: “Elpis Foundation”—That Does Social Work In The Field Of Mental Health
- Trustee Of The: Gaushala, Vrindavan (Cattle Shed Where Around 2000 Cattle Heads Are Taken Care Of)
- Avid Book Reader –Member Of Ludhiana Bookworm Buddies  
Music—Love To Listen—Bob Dylan and Beatles

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### INTERNATIONAL CONFERENCES

- European Psychiatric Association Training Programme Titled” Knowledge Exchange Programme” In 2010
- Indo Global Psychiatric Initiative 2011
- Symposium On “ Anxiety-Depression-Dementia, The Continuum” 2011 At Bhutan Conducted By Lund beck Institute
- European Stroke Conference, Portugal, 2012
- WPA And EPA Joint Conference In Athens, Greece,2014
- World Congress Of Social Psychiatry In 2016
- Attended around 60 CME, at both National and International Level

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### RESEARCH

- Conducted Multicentric Research On “Prescription Patterns Of Psychiatrists” In Association With IPS

I hereby declare that the information furnished above is true to the best of my knowledge.

Date: \_\_\_\_\_

#### PERSONAL PROFILE

<b>Father's Name</b>	Sh. P.S. Kathuria
<b>Mother's Name</b>	Smt. Tripta Kathuria
<b>Date of Birth</b>	April 25,1978
<b>Marital Status</b>	Married
<b>Languages Known</b>	English, Hindi, Punjabi

Place: \_\_\_\_\_

**PUNEET KATHURIA**